Pronto

CAFE & CATERING

48 ACADEMY ST., NEWARK, NJ 07102

(DOWNTOWN AREA)

973-424-9500

FAX: 973-982-2234

FREE DELIVERY ($10 MIN.)

Corporate Accounts Welcome

Catering for All Occasions

Daily Hot Food Special Menu Online

Available through Fax or Email on Demand

MON – FRI: 7 AM – 3 PM

E-MAIL: PRONTOCAFE@VERIZON.NET

WWW.PRONTOCAFE.COM

(A) Breakfast Sandwiches

(Combo w/ 12 Oz. Coffee Add $1.50)
Bacon (Beef, Turkey) Add $2
Sausage (Beef, Chicken, Turkey) Add $2
(Cheese Add 75¢, Vegetables 25¢ Each)
(Roll, White, Rye, Whole-Wheat)
(Add 75¢ for Croissant, Hero or Wrap)

A1 – Double Egg $2.00
A2 – Double Egg & Meat $4.00
A3 – Double Egg & Cheese $2.75
A4 – Croissant $2.00
A5 – Bagel w/ Butter $1.50
A6 – Bagel w/ Cream Cheese $2.25
A7 – Bagel w/ Peanut Butter & Jelly .. $2.25
A8 – Egg White Sandwich $2.95
A9 – Grilled Cheese w/ Tomato $2.95
A10 – B.L.T. $3.95
A11 – Newark's Famous Oatmeal $2.25
A12 – Yogurt $1.95
A13 – Fruit Salad $3.50
A14 – Gourmet Yogurt Muffin $2.25

(B) Breakfast Platters

(Combo w/ 12 Oz. Coffee Add $1.50)
Served w/ Homefries or Grits or Hash Brown & Toast

B1 – Two Eggs Any Style $4.25
B2 – Two Eggs w/ Meat $6.25

(C) Omelette Platters, Pancakes & French Toast

(Combo w/ 12 Oz. Coffee Add $1.00)

C1 – Plain Omelette $4.50
C2 – Cheese Omelette & Meat $6.95
C3 – Western Omelette $7.25
Ham, peppers & onions
C4 – Vegetarian Omelette $6.75
C5 – Greek Omelette $6.75
Spinach, feta cheese & tomato
C6 – Pancakes or French Toast $4.50
C7 – Pancakes or French Toast $7.75
W/ meat, egg & cheese

(D) New York Style Pizza (19")

D1 – Cheese Pie $14.00
D2 – Regular Slice $2.25
D3 – Sicilian Pie $16.00
D4 – Sicilian Slice $2.50

Pizza Toppings: Mushroom, Eggplant, Spinach, Peppers, Broccoli, Onions, Olives, Fresh Garlic, Chicken, Beef Steak, Meatballs, Sausage, Pepperoni, Ham
Each Additional Topping Add 75¢ Each & Up for Slice – $4.00 Up for a Pie

(E) Personal Pie $4.95

Add $1.00 for Each Additional Topping

(F) Stromboli $6.95

F1 – Chicken, Roasted Peppers & Fresh Mozzarella
F2 – Ham, Pepperoni, Roasted Peppers & Fresh Mozzarella
F3 – Vegetables & Fresh Mozzarella

(G) Calzones (3 Cheeses)

Plain w/ Mozzarella, Ricotta & Romano Cheese $4.95
W/ Extra Stuffing
Add 75¢ for Veggies. Add $1.50 for Meat

(H) Gourmet Pizza

H1 – White Margarita $19.75
Ricotta & mozzarella (broccoli or tomato or spinach no sauce)
H2 – Grandma $19.75
Our signature tomato sauce, fresh mozzarella, fresh basil & olive oil
H3 – Vegetarian $19.75
Broccoli, peppers, onions, mushrooms & spinach
H4 – Meat Lover $23.75
Sausage, meatball, bacon, pepperoni & ham
H5 – Cheesesteak $21.75
W/ cheddar, potatoes, peppers & onions
H6 – Grilled Chicken & Cheese $21.75
(BBQ or Buffalo sauce)
H7 – Chicken Cutlet & Broccoli $21.75
H8 – Pronto's Supreme $24.75
(All Available Toppings)

(I) Appetizers

(Combo w/ Fries Add $2.00)

I1 – Chicken Fingers w/ Honey Mustard $5.75
I2 – Buffalo Wings w/ Blue Cheese $5.75
I3 – Fried Mozzarella w/ Tomato Sauce $5.75
I4 – French Fries $2.50
I5 – Onion Rings $2.95
I6 – Beef Patty $2.00
Add 75¢ for Cheese, $1.00 for Pepperoni
I7 – Garlic Bread $2.25
Add 75¢ for Cheese
I8 – Garlic Knots $1.50
3 pcs. w/ sauce
I9 – Greek Spinach Pie w/ Sauce $3.00

(J) Fresh Salad

J1 – Cold Antipasto Salad $7.95
Ham, salami, provolone, roasted peppers, olives, lettuce, tomato & cucumber

J2 – Grilled Chicken Caesar $7.25
Fresh Romaine lettuce, crouton, Parmesan cheese & Caesar dressing

J3 – Fresh Mozzarella Salad $7.25
Roasted peppers, black olives & tomatoes over lettuce

J4 – California Salad $7.95
Grilled chicken, fresh mozzarella, roasted peppers, lettuce, tomato, cucumber, peppers & sliced egg

J5 – Tuna Salad $7.25
Lettuce, tomato, cucumber, peppers & sliced egg

J6 – Shrimp Salad $7.95
Fresh lettuce, tomato, cucumber, peppers & sliced egg

J7 – Chef Salad $7.95
Turkey, roast beef, ham, Swiss cheese, lettuce, tomato, cucumber, peppers & sliced egg

J8 – Greek Salad $7.95
Lettuce, cucumber, peppers, tomato, red onions, feta cheese, lives & grape leaves

J9 – Tossed Salad $5.25
Lettuce, tomato, cucumber, peppers & carrots

J10 – Caesar Salad $5.25
Fresh Romaine lettuce, crouton, Parmesan cheese & Caesar dressing

(K) Create your own Salad $5.25

(4 Vegetables Toppings Included)

(Veggies 50¢ Each)

Artichokes, Broccoli, Carrots, Croutons, Cucumber, Egg, Egg White, Grape Leaves, Black Olives, Green Olives, Green Peppers, Hot Peppers, Red Peppers, Roast Peppers, Mushroom, Red Onions, Sun-Dried Tomato, 3 Beans, Beets, Black Beans, Chickpeas, Corn, Red Beans, White Beans, Cranberry, Dry Banana, Pumpkin Seed, Raisins, Sunflower Seed, Walnuts

(Meat $2.00 Each)

(Chicken Cutlet, Fingers, Grilled, Pesto, Teriyaki) (Turkey, Smoked, Honey) Tuna Salad, Chicken Salad, Egg Salad, Shrimp Salad, Grilled Shrimps, Low-Fat Chicken Salad, Low-Fat Tuna Salad

(Cheese 75¢ Each)

Cheddar, Feta, Fresh Mozzarella, Provolone, Romano, Swiss

(Dressings 1 Free Any Additional 75¢ Each)

Italian, Caesar, Honey Mustard, French, Blue Cheese, Ranch, Lite Italian, Lite Balsamic Vinaigrette

(L) Soup Of The Day

(Served w/ Crackers) (Call for Availability)

Small (12 Oz.) ..... $2.95 Large (16 Oz.) $3.95

(M) Pasta

M1 – Tortellini al Forno *Ricotta, sauce & melted mozzarella* $6.50
M2 – Penne Primavera *Vegetable & red or cream sauce* $6.50
M3 – Spaghetti w/ Meatballs or Sausage or Meat Sauce $6.50
M4 – Linguini w/ Garlic & Oil $5.50
M5 – Linguini w/ Red or White Clam Sauce $7.25
M6 – Cavatelli, Broccoli & Chicken in Garlic Oil $7.75
M7 – Penne alla Vodka w/ Pink Vodka Sauce $6.50

(N) Baked Dishes

N1 – Baked Ziti $5.95
N2 – Cheese Ravioli $6.50
N3 – Lasagna (Beef or Turkey) $7.95
N4 – Stuffed Shells or Manicotti $6.50
N5 – Eggplant Parm w/ Pasta $7.25

(O) Chicken Dishes $7.75

(Choice of Linguini or Ziti or Spaghetti)

O1 – Chicken Francese *Lemon, butter & white wine sauce*
O2 – Chicken Marsala *Sautéed w/ mushrooms in Marsala wine sauce*
O3 – Chicken Piccata *Sautéed in lemon butter, capers & white wine sauce*
O4 – Chicken Parmigiana *Breaded chicken breast topped w/ red sauce & mozzarella cheese*
O5 – Chicken Scampi *Sautéed in garlic butter & white wine sauce*
O6 – Chicken Murphy *Sautéed w/ mushrooms, vinegar peppers & potatoes in white wine sauce*
O7 – Chicken Alfredo *Sautéed chicken breast w/ white creamy Alfredo sauce*

(P) Hot Sandwiches $6.95

(Combo w/ Fries Add $2.00)

P1 – Meatball Parmigiana
P2 – Eggplant Parmigiana
P3 – Chicken Parmigiana
P4 – Philly Cheesesteak Beef or Chicken *W/ peppers & onions*
P5 – Tuna Melt *w/ Swiss on rye*
P6 – Corned Beef Reuben *Sauerkraut, coleslaw & Russian on rye*
P7 – Hot Pastrami & Swiss *w/ mustard on rye*
P8 – Gyro (Beef or Chicken) *W/ cucumber sauce, lettuce, tomato & onions on pita bread*
P9 – Chicken Cutlet *w/ lettuce, tomato & mayo*
P10 – Flounder Fillet *W/ lettuce, tomato & tartar sauce*
P11 – Quesadilla ..... $7.25 (Beef or Chicken or Shrimp) *3 mix cheese, sour cream & salsa*
P12 – Italian Cheesesteak *Peppers, onions, potatoes, mayo & ketchup*

(Q) Charbroiled Burgers 6 Oz.

(Beef or Turkey w/ Lettuce & Tomato)

Q1 – Hamburger $3.95
Deluxe $5.95
Q2 – Cheeseburger $4.75
Deluxe $6.75
Q3 – Bacon Cheeseburger $5.50
Deluxe $7.25
Q4 – Veggie Burger $4.75
Deluxe $6.75

Specialty Burgers $4.95

Q5 – Arizona Burger *Swiss cheese, grilled mushrooms, grilled onions & mayo*
Q6 – Texas Burger *Jalapeños Monterey Jack cheese, lettuce, tomato & spicy sauce*
Q7 – Italian Cheeseburger On Hero .. $6.95 *Peppers, onions, potatoes, mayo & ketchup*
Q8 – Washington Burger *Sautéed Portobello mushrooms & cheddar*

(Deluxe Comes w/ Coleslaw, Pickles & French Fries $2.00)

(R) Wraps $6.95

(Combo w/ Fries Add $2.00)

R1 – Grilled Chicken Caesar *Romaine lettuce, Romano cheese & Caesar dressing*
R2 – Grilled Chicken Arugula *Roasted peppers & fresh mozzarella in balsamic dressing*
R3 – Chipotle Chicken *Mozzarella cheese, lettuce, tomato & chipotle sauce*
R4 – Chelsea Chicken *Monterey Jack cheese, roasted peppers & tomato garlic sauce*
R5 – Grilled Chicken BLT *Crisp bacon, lettuce, tomato & provolone cheese*
R6 – Grilled Chicken *Sautéed spinach, Swiss & sun-dried tomato*
R7 – Turkey Club *Crisp bacon, lettuce, tomato & provolone cheese*
R8 – Greek Wrap *Feta cheese, lettuce, tomato, cucumber, onions, black olives & Greek dressing*
R9 – Grilled Eggplant *Roasted peppers, fresh mozzarella & pesto sauce*
R10 – Tuna or Chicken Salad ..... $6.25 *W/ lettuce & tomato*
R11 – Egg Salad w/ Lettuce & Tomato $4.25

(S) Panini On European Flatbread $6.95

(Combo w/ Fries Add $2.00)

S1 – Italian Panini *Grilled chicken, roasted peppers, fresh mozzarella, oregano, red onions, lettuce & spicy mustard*
S2 – Chicken Parmigiana *Chicken, our signature tomato sauce, mozzarella & Romano cheese*
S3 – American Panini *Boar's Head ham, American cheese, bacon, lettuce, tomato & mayo*
S4 – Combo Panini *Pastrami, corned beef, Swiss cheese, Russian dressing & coleslaw*
S5 – Cuban Panini *Roast pork, ham, Swiss cheese, pickles & mustard*
S6 – Tuna Melt *Panini, tuna salad & cheddar cheese*
S7 – Russian Panini *Roast beef, Muenster cheese, lettuce, tomato, onions & Russian dressing*
S8 – Chicken Fajita *Chicken breast, marinated sauce, basil, fresh mozzarella & Parmesan cheese*
S9 – Chicken Florentine *Chicken breast, fresh baby spinach, red onions, provolone, mayo, olive oil & balsamic*
S10 – Club Panini *Smoked turkey, Swiss, bacon, lettuce, tomato & mayo*
S11 – Avocado Chicken *Chicken breast, bacon, avocado, tomato, lettuce, olive oil & lemon juice*

(T) Cold Specialty Subs $6.95

(Combo w/ Small Chips & Can Soda Add $1.50)

T1 – Smoked Turkey, Swiss Cheese, Lettuce, Tomato & Honey Mustard
T2 – Italian Hero *Ham, salami, provolone, lettuce, tomato, onions, oregano, oil & vinegar*
T3 – Honey Turkey, Fresh Mozzarella, Sun-Dried Tomato & Balsamic Vinegar
T4 – Fresh Mozzarella, Roasted Peppers, Sun-Dried Tomato, Olive Oil & Vinegar
T5 – Oven Gold Turkey, Sautéed Spinach, Muenster Cheese & Tomato
T6 – Roast Beef, Swiss Cheese, Coleslaw, Lettuce, Tomato & Honey Mustard
T7 – Buffalo Chicken, Tangy Wing Sauce, Fresh Mozzarella & Ranch Dressing
T8 – Sesame Chicken, Fresh Mozzarella Cheese, Lettuce, Tomato & Sesame Dressing

(U) Vegetarian $6.95

U1 – Grilled Veggie Delight *Zucchini, yellow squash, eggplant, fresh mozzarella & roasted peppers in pesto sauce*
U2 – Veggie Burger Wrap *Veggie burger w/ lettuce, tomato, onions & mayo*
U3 – Falafel in Pita *Middle Eastern falafel w/ lettuce, tomato, onions & Tahini (sesame) sauce* $3.95

(V) Seafood Dishes $7.95 & Up

Flounder Fillet – Tilapia – Salmon – Shrimp
Served w/ Choice of (Scampi or Francese or Piccata Sauce)
over (Rice – Ziti – Spaghetti – Linguini)

(W) Dessert $3.25

Chocolate – Cheesecake – Carrot – Lemon – Red Velvet

Hot Drinks (Md.) $1.95

Regular Coffee, Regular Tea, Cappuccino, Hot Chocolate, Herbal Tea

Cold Drinks & Snacks

Tropicana – Snapple – Soda – Red Bull –
Water Snacks, Chips, Chocolates, Mints, Gum